

## Physical Education Curriculum Progression – Year 2

\*2 Units per half term (PE Unit 1 and PE Unit 2)

	Autumn Term 1	Autumn Term 2	Spring Term 1
<b>PE 1 Learning Outcomes</b>	<p><b>Locomotion: Dodging</b></p> <p>The unit of work will challenge pupils to apply their <b>knowledge</b> of how, where and why to <b>dodge</b>.</p> <p>Pupils will learn the roles of <b>attacking</b> and <b>defending</b> and start to <b>understand</b> when we attack and when we defend while using their dodging skills.</p>	<p><b>Ball Skills Hands 1</b></p> <p>The unit of work will challenge pupils to <b>combine</b> their developing dribbling, passing and receiving skills in order to <b>keep possession</b> and score a point.</p> <p>Pupils will apply these skills in teams in various games and activities.</p>	<p><b>Dance: Water</b></p> <p>The unit of work will challenge pupils to use their whole body when creating sequences of movements.</p> <p>Pupils will explore and respond to music as a <b>stimulus</b>. Using various dynamics and movement qualities, pupils will be able to use descriptive language to discuss these various movement qualities.</p>
<b>Assessment Criteria</b>	<p><b>Prior Assessment:</b> Avoid the Opposition Activity</p> <p><b>Post Assessment:</b> Dodgeball Tournament</p> <p>Pupils will be able to dodge, applying the correct technique to ensure maximum efficiency. Pupils will run, dodge and stay in a space avoiding the defenders.</p> <p>Pupils will demonstrate a strong understanding of how, where and why to dodge and apply this understanding in game situations.</p> <p>Pupils will develop life skills such as gratitude and fairness as they support their team members, play by the rules and congratulate others.</p> <p>Pupils will develop life skills such as honesty and self belief as they strive to dodge effectively and keep the score in their games.</p>	<p><b>Prior Assessment:</b> Space Dribble Activity</p> <p><b>Post Assessment:</b> Keep on Moving: Introduce a Defender</p> <p>Pupils will be able to dribble, pass and move with developing accuracy. They will combine these skills to score points.</p> <p>Pupils will focus on their partner and team members, developing an understanding of the consequences in a game when mistakes are made.</p> <p>Pupils will develop communication and empathy as they listen to their partner and team members and work collaboratively together.</p> <p>Pupils will continue to effectively apply life skills such as self belief and integrity as they strive to improve their own performance whilst playing fairly.</p>	<p><b>Prior Assessment:</b> Paired Performance</p> <p><b>Post Assessment:</b> Sequences of Movements in Pairs Activity</p> <p>Pupils can respond to the music with appropriate movements and actions, using their whole body. Pupils can ensure their movements are big and clear.</p> <p>Pupils will develop their concentration skills as they listen to the music and make decisions on how to move in response.</p> <p>Pupils can demonstrate fairness and gratitude as they engage in their learning, work well with others and enjoy creating their movements and sequences.</p> <p>Pupils will develop life skills such as courage and honesty, as they try their best to create sequences, giving feedback to others following their performances.</p>
<b>PE 2 Learning Outcomes</b>	<p><b>Gymnastics: Linking</b></p> <p>The unit of work will <b>challenge</b> pupils to explore different ways that they can <b>link</b> movements and balances together.</p>	<p><b>Dance: Explorers</b></p> <p>The unit of work will develop pupil's ability to create and develop their characters, adding movements, <b>expression</b> and <b>emotion</b> to their performance. Pupils will be able to</p>	<p><b>Ball Skills Hands 2</b></p> <p>The unit of work will challenge pupils to apply their understanding of <b>underarm</b> and <b>overarm throwing</b> to beat their opponents.</p>

	Pupils will apply 'champion gymnastics' and be able to perform a sequence on apparatus focused on; jumps, rolls and balances.	create a <b>motif</b> and will develop their motifs with a partner to include some different elements of <b>choreography</b> .	Pupils will further extend their understanding of why we need to be accurate when we throw.
<b>Assessment Criteria</b>	<p><b>Prior Assessment:</b> Developing 'Linking' Activity</p> <p><b>Post Assessment:</b> Performance</p> <p>Pupils will be able to link movements and balances together, applying champion gymnastics criteria, on the floor and on apparatus.</p> <p>Pupils will demonstrate an understanding of the concept of flow and apply this to their developing sequences.</p> <p>Pupils will demonstrate life skills such as empathy and gratitude as they work safely with each other. Pupils will support each other and share apparatus.</p> <p>Pupils will confidently demonstrate self belief and courage as they create their own sequences and challenge themselves to try a range of movement and balances.</p>	<p><b>Prior Assessment:</b> Creating a Motif Activity</p> <p><b>Post Assessment:</b> Performances</p> <p>Pupils can respond to the music with appropriate movements and actions, using their whole body. Pupils can ensure their movements are big and clear.</p> <p>Pupils will refine their application of life skills such as curiosity and imagination as they create a range of movements linked to a variety of characters.</p> <p>Pupils can demonstrate fairness and gratitude as they engage in their learning, work well with others and enjoy creating their movements and sequences.</p> <p>Pupils will develop life skills such as courage and honesty, as they try their best to create sequences, giving feedback to others following their performances.</p>	<p><b>Prior Assessment:</b> Show What You Know Activity</p> <p><b>Post Assessment:</b> Mini-Tennis – Beat Our Opponent</p> <p>Pupils will be able to throw accurately underarm and execute a developing understanding of overarm throwing, in order to beat an opponent.</p> <p>Pupils will focus on their partner and team members developing an understanding of the consequences in a game when mistakes are made.</p> <p>Pupils will develop life skills such as communication and empathy as they listen to their partner and team members, working collaboratively together.</p> <p>Pupils will apply life skills such as self belief and integrity as they strive to improve their own performance, always keeping the score and playing fairly.</p>

	Spring Term 2	Summer Term 1	Summer Term 2
<b>PE Unit 1 Learning Outcomes</b>	<p><b>Invasion:</b> <small>Football/Ball Skills Feet</small></p> <p>The unit of work will challenge pupils to apply their knowledge and understanding of <b>dribbling, passing and receiving</b> in order to <b>keep possession</b> as a team and score a point.</p>	<p><b>Locomotion:</b> Jumping</p> <p>The unit of work will challenge pupils to apply their prior learning of how to jump and use this to <b>jump in combination and link jumps</b>.</p> <p>Pupils will continue to develop their ability to apply jumping in games.</p>	<p><b>Health and Wellbeing</b></p> <p>The unit of work will consolidate pupils' understanding of <b>agility, balance and co-ordination</b>, applying these elements of fitness in a variety of activities.</p>

			Pupils will perform circuits, understanding how motivation can enhance <b>performance</b> .
<b>Assessment Criteria</b>	<p><b>Prior Assessment:</b> Show What You Know Activity</p> <p><b>Post Assessment:</b> 5v1 Introduce a Defender</p> <p>Pupils will be able to apply their passing and dribbling skills in order to keep possession and score a point.</p> <p>Pupils will focus on their partner and team members, developing an understanding of the consequences in a game when mistakes are made.</p> <p>Pupils will develop communication and empathy as they listen to their partner and team members and work collaboratively together.</p> <p>Pupils will continue to effectively apply life skills such as self belief and integrity as they strive to improve their own performance whilst playing fairly.</p>	<p><b>Prior Assessment:</b> Show What You Know About Jumping Activity</p> <p><b>Post Assessment:</b> Jumping Competitions</p> <p>Pupils will consistently apply the correct technique for jumping. Pupils will accurately apply their jumping skills in combination and also within games.</p> <p>Pupils will demonstrate a strong understanding of why, when and where we jump in a game and apply imagination and creativity to their jumping.</p> <p>Pupils will develop their ability to give and receive feedback concerning the jumping technique showing fairness and empathy to others.</p> <p>Pupils will consistently apply life skills such as self belief and honesty as they play within the rules of the game and jump confidently.</p>	<p><b>Prior Assessment:</b> Show What You Know: Agility Monsters Activity</p> <p><b>Post Assessment:</b> Co-ordination Circuit Activity</p> <p>Pupils will move showing refined agility, balance and coordination, applying these elements of fitness in activities and within circuit challenges.</p> <p>Pupils will demonstrate a strong understanding of agility, balance and coordination and why they are important.</p> <p>Pupils will apply life skills such as empathy and fairness as they collaborate with their partners and motivate each other to complete the circuits.</p> <p>Pupils will apply honesty and self belief as they continue to improve their performances and keep their score.</p>
<b>PE Unit 2 Learning Outcomes</b>	<p><b>Gymnastics:</b> Pathways</p> <p>The unit of work will <b>challenge</b> pupils to explore different ways that they can <b>link</b> movements and balances together while travelling along a variety of pathways.</p> <p>Pupils will apply 'champion gymnastics' and be able to perform a sequence on apparatus while travelling along a chosen pathway.</p>	<p><b>Games for Understanding</b></p> <p>The unit of work will challenge pupils to create simple <b>defending</b> and <b>attacking tactics</b>, while continuing to develop an understanding of the <b>transition</b> from defence to attack.</p> <p>Pupils will apply these tactics as a team into games.</p>	<p><b>Team Building</b></p> <p>The unit of work will develop pupils' ability to apply effective <b>teamwork</b>, ensuring that everyone is <b>included</b> and <b>understands</b> their role.</p> <p>Pupils will begin to develop and <b>apply</b> simple <b>strategies</b> to <b>solve</b> problems.</p>

<b>Assessment Criteria</b>	<p><b>Prior Assessment:</b> Show What You Know Activity</p> <p><b>Post Assessment:</b> Performances</p> <p>Pupils will be able to link movements and balances together, applying champion gymnastics criteria, on the floor and on apparatus.</p> <p>Pupils will demonstrate an understanding of the concept of flow and apply this to their developing sequences.</p> <p>Pupils will demonstrate life skills such as empathy and gratitude as they work safely with each other. Pupils will support each other and share apparatus.</p> <p>Pupils will confidently demonstrate self belief and courage as they create their own sequences and challenge themselves to try a range of movement and balances.</p>	<p><b>Prior Assessment:</b> Galaxy Attackers Activity</p> <p><b>Post Assessment:</b> Galaxy Stars Competition</p> <p>Pupils will move between attack and defence as the game changes. Pupils will be able to move in to space when attacking and tag the opposition when defending.</p> <p>Pupils will understand the consequences of breaking the rules and not applying tactics successfully. Pupils will understand the difference between attack and defence.</p> <p>Pupils will develop strong collaboration skills by working with their own team effectively and playing fairly against the opposition.</p> <p>Pupils will apply a competent understanding of honesty as they play by the rules and keep the score. Pupils will develop understanding of self discipline.</p>	<p><b>Prior Assessment:</b> Pair Bears</p> <p><b>Post Assessment:</b> Challenges</p> <p>Pupils will develop and apply teamwork skills in pairs and small teams to complete all of the challenges successfully.</p> <p>Pupils will demonstrate a strong understanding of what makes an effective team. Pupils will create and apply simple tactics.</p> <p>Pupils will develop and apply life skills such as fairness and respect as they work together to complete the challenges.</p> <p>Pupils will develop life skills such as courage and self belief as they strive to complete the different challenges, adapting strategies and never giving up.</p>
----------------------------	--	--	---